

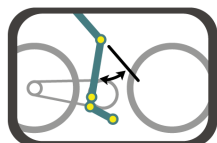
MEASUREMENTS & ANGLES

Personal Bicycle Fitting Report

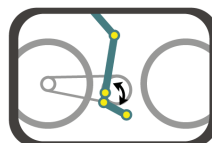
Rider Information

Martin Ganglberger
 Age 39
 Male
 martin@nyx.at

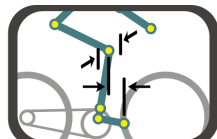
RIDING STYLE: Racing
GOALS:
INJURIES/PAIN:
FLEXIBILITY: High
TRAINING VOL: infinity



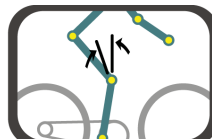
Knee Angle Flexion **110 deg**
 Knee Angle Extension **37 deg**



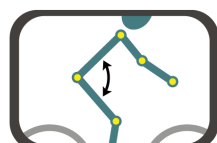
Ankle Maximum **94 deg**
 Ankle Minimum **69 deg**
 Ankle Range **25 deg**



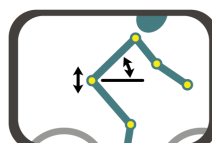
Knee Forward of Foot **81 mm**
 Knee Lateral Travel **14 mm**



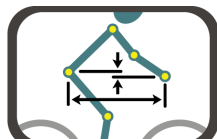
Knee Travel Tilt **1 deg**



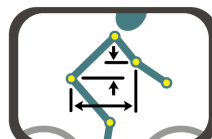
Hip Angle Closed **47 deg**
 Hip Angle Open **91 deg**



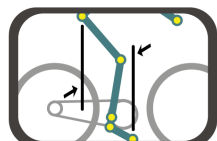
Hip Vertical Travel **37 mm**
 Back Angle **18 deg**



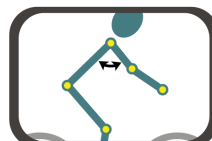
Hip to Wrist Vertical **-177 mm**
 Hip to Wrist Horizontal **762 mm**



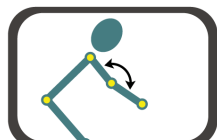
Hip to Elbow Vertical **-177 mm**
 Hip to Elbow Horizontal **496 mm**



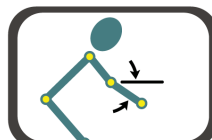
Hip Foot Lateral Offset **4 mm**



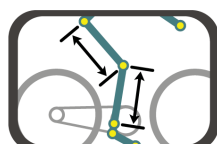
Shoulder Angle to Elbow **77 deg**
 Shoulder Angle to Wrist **113 deg**



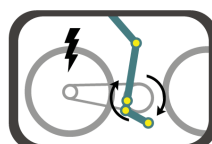
Elbow Angle **97 deg**



Forearm Angle **0 deg**

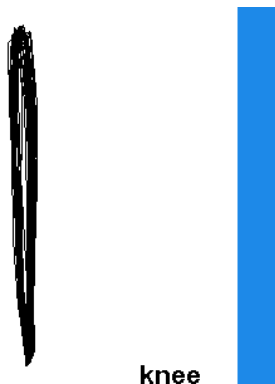


Thigh Length **420 mm**
 Shin Length **416 mm**



Power Output Ave (Max) **254 W(256 W)**
 Speed Ave (Max) **44 KPH(44 KPH)**
 Cadence Ave (Max) **96 RPM(111 RPM)**

KNEE TRACING (FRONT VIEW)



BIKE & SESSION INFO

MAKE/MODEL: Canyon Speedmax CF
TYPE: Time Trial
PEDALS: Toe-clip
HANDLEBAR: Aero
DATE/TIME: 2013/07/03 21:39
SIDE: right #13
DURATION: 0 sec
NOTES: SH -5mm UEBH -5mm Technik
 alter reach

SITE INFO

NAME: sport-support.at | Analysis
OPERATOR: Christian Bernhard
ADDRESS: Pfalzauerstrasse 106/13
 Pressbaum, 3021
 Austria
PHONE: +43 664 4510 257
WEBSITE: http://www.sport-suport.at

THIS BIKE FIT PERFORMED USING THE RETÜL SYSTEM

